



## **Fall Conference:** **The Nuts and Bolts of Pulmonary Rehab**

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**Thursday, November 9, 2017**

University of Iowa Hospitals and Clinics  
8<sup>th</sup> Floor East Room (8023 John Colloton Pavilion)  
Iowa City, Iowa

**Sponsored by:**

University of Iowa Hospitals and Clinics  
Pulmonary Rehabilitation Program  
and

Department of Nursing Services and Patient Care  
IBN Approved Provider #34

**Intended Audience:**

Health care professionals **working in Pulmonary Rehabilitation** including:

Clinical Exercise Physiologists

Nurses

Occupational Therapists

Physical Therapists

Respiratory Therapists

Other Health Professionals

**Workshop Description:**

The *Nuts and Bolts of Pulmonary Rehab* conference is designed for healthcare professionals working in a pulmonary rehabilitation program. The one day course will present a discussion of pulmonary rehab Medicare rules and regulations, including documentation requirements, the assessment of dyspnea and how to achieve staff competency, as well as how to measure the outcome of pulmonary rehab on dyspnea. The course will also address exercise prescription for the pulmonary patient, and the current challenges of home oxygen therapy. The conference will conclude with an opportunity to have a question and answer session with the conference faculty.

## **Objectives:**

The participant will be able to:

1. Define pulmonary rehabilitation and respiratory services, and the differences in billing.
2. Discuss the Medicare and American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR) rules for the individualized treatment plan, the 30-day reassessment, and physician involvement.
3. Discuss the assessment of dyspnea, how to determine staff competency of dyspnea assessment, and how to measure patient outcomes in relation to dyspnea following participation in pulmonary rehabilitation.
4. Discuss the considerations for prescribing exercise for patients with chronic lung disease.
5. Describe the current challenges of home oxygen therapy facing patients and durable medical equipment companies.

## **Agenda:**

- 7:30 Registration and Breakfast
- 8:00 Medicare Rules and Regulations: Are you Confused Yet? - Janie Knipper, RN, MA
- 8:45 Individualized Treatment Plan: Adhering to the Rules - Janie Knipper, RN, MA
- 9:30 Break
- 9:45 Dyspnea Assessment: Jeff Wilson, MD
- 10:45 American Association of Cardiovascular and Pulmonary Rehabilitation Program Certification: Dyspnea Staff Competency & Outcome Measurement- Kim Eppen, PT, PhD
- 11:30 Tour of the Stead Family Children's Hospital (Optional)
- 12:00 Lunch
- 12:45 Exercise Prescription in Pulmonary Rehabilitation - Kim Eppen, PT, PhD
- 2:00 Six Minute Walk Test versus Oxygen Titration Studies - Kim Eppen PT, PhD
- 2:30 Break
- 2:45 Challenges of Home Oxygen Therapy – Heather Moore, RRT and Ashleigh Mack, Care Pro Home Medical
- 3:15 Panel: Q & A
- 3:45 Program Evaluation
- 4:00 Adjourn

## **Faculty:**

The program faculty includes clinical staff of the University of Iowa Hospitals and Clinics, and staff from Care Pro Home Medical. The physician is also a member of the academic faculty of the University of Iowa Carver College Of Medicine.

Janie Knipper, BSN, MA, Clinical Supervisor, Pulmonary Rehabilitation Program

Kim Eppen, PT, PhD, Clinical Specialist

Jeffery S Wilson, MD, Clinical Professor of Internal Medicine - Pulmonary, Critical Care and Occupational Medicine

Heather Moore, RRT & Ashleigh Mack, Care Pro Home Medical

## **Credit Hours:**

The workshop qualifies for the following credit hours (CEUs):

Nurses: **0.72 CEUs** (7.2 contact hours) will be granted by the University of Iowa Hospitals and Clinics, Department of Nursing (IBN Approved Provider #34). Participants must attend the entire program to receive full daily credit. Questions concerning nursing credits should be directed to the Nursing Clinical Education Center at (319) 356-4304.

Occupational Therapists: 0.72 (7.2 hours)

Physical Therapists: 0.72 (7.2 hours)

Respiratory Therapists: 0.65 (6.5 hours)

**Tuition:**

Fee: \$125.00 (\$135.00 if postmarked after 10/26/2017). Fee includes instruction, program materials, nutrition breaks, continental breakfast, lunch, continuing education credits, and parking. No refunds will be made after 10/26/2017. We reserve the right to cancel this workshop, with adequate notice (by 10/19/2017), and full refund to registrants. Make check payable to: **University of Iowa Hospitals and Clinics, Pulmonary Rehab Program**. Participants must pre-register. Confirmation will be e-mailed.

**Nondiscrimination and Disability Statements:**

Individuals with disabilities are strongly encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact Pulmonary Rehabilitation in advance at (319) 356-8396.

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. The University also affirms its commitment to providing equal opportunities and equal access to University facilities. For additional information on nondiscrimination policies, contact the Office of Equal Opportunity and Diversity, (319) 335-0705.

Housing information and maps of the Iowa City area can be obtained on the web at:

<http://www.uihealthcare.org/YourVisit/>

**Registration:**

Register by **U.S. MAIL:** University of Iowa Hospitals and Clinics  
Pulmonary Rehabilitation Program  
Department of Rehabilitation Therapies, 0714 JPP  
200 Hawkins Drive  
Iowa City, Iowa 52242

**Name:** \_\_\_\_\_ **Employer:** \_\_\_\_\_

CEP \_\_\_ RN \_\_\_ OT \_\_\_ PT \_\_\_ RT \_\_\_ Other \_\_\_\_\_

Professional license #: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_

(Confirmation will be sent to this e-mail address)

**Need a parking pass?** No \_\_\_\_\_ Yes \_\_\_\_\_ Passes will be distributed at the registration desk

**It is recommended you park in Hospital Ramp #2. Please see enclosed map.**

**Please select your luncheon preference:**

**1. Gourmet Sandwich Choices – please check one:**

\_\_\_\_\_ Gourmet Turkey: (turkey breast, provolone, lettuce, tomato on wheat bread)

\_\_\_\_\_ Three Cheese Vegetarian: (jalapeno, cheddar, Swiss, lettuce, tomato, cucumber on wheat hoagie)

\_\_\_\_\_ Kale Power Wrap: (7 superfood veggies with Dijon mustard dressing on whole wheat tortilla)

\_\_\_\_\_ Gourmet Mediterranean Veggie Pita: (hummus, lettuce, cucumbers, onion, tomato, pita)

Please indicate any special dietary needs: \_\_\_\_\_