

2010 - The Beginning of a New Era Seventeenth Annual TriNetwork Conference

April 23-24, 2010

(may duplicate form for additional registrants)

**NOTE: Registration will be limited to the first 250 registrants.
Deadline for Registration is April 16, 2010.**

Name _____

Organization _____

Mailing Address _____

City/State/Zip _____

Above address is home work

Registration - (includes materials, breaks, breakfast Friday, lunch Friday, breakfast Saturday, and CEUs)

I plan to attend Cardiac Tract Pulmonary Tract

Members (Circle One: UPCRA, IACPR, NCVPRN)\$135

Nonmembers\$170

Checks only - no credit cards accepted.

Total _____ Payable to: TriNetwork Conference

Title _____

Phone _____

E-mail Address _____

Check desired CEUs ANCC AACVPR

Written cancellation policy: Must be received by April 16 to receive refund less \$20 administrative fee.

Questions? Call Becky Bergeson at (605) 224-3187.

Mail registration to:

Becky Bergeson
Cardiac Rehab
St. Mary's Hospital
801 East Sioux
Pierre, SD 57501

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Upper Plains Cardiopulmonary Rehabilitation Association (UPCRA)
Nebraska Cardiovascular and Pulmonary Rehabilitation Network (NCVPRN)
Iowa Association of Cardiopulmonary Rehabilitation (IACPR)

2010: The Beginning of a New Era Seventeenth Annual TriNetwork Conference

April 23-24, 2010

Sheraton Hotel and Sioux Falls Convention Center
1211 N West Avenue ▲ Sioux Falls, SD

PROGRAM FACULTY

Karla Harmon, CSW-PIP, QMHP
Sanford Mental Health
Sioux Falls, SD

Lana Hilling, RCP, FAACVPR
Coordinator, Lung Health Services
Concord, CA

Orvar Jonsson, MD, FACC
Sanford Cardiovascular Institute
Sioux Falls, SD

Thomas Kassube, DDS
Midwest Periodontics
Sioux Falls, SD

Roseann Lyle, PhD
Professor, Public Health
Purdue University
West Lafayette, IN

Gayla Oakley, RN, FAACVPR
Director of Cardiology Services
and Health
Genoa, NE

Jeff Redekopp, MS, CSCS
Cardio-Pulmonary Rehab Coordinator
Trinity Health
Minot, ND

Susan Rohr, D.O.
Sanford Health Clinic –
Pulmonary Medicine
Sioux Falls, SD

June Schulz, RRT, FAACVPR
Sanford Pulmonary Rehab
Coordinator
Sioux Fall, SD

Randal J. Thomas, MD
Department of
Cardiovascular Services
Mayo Clinic
Rochester, MN

**Mark Williams, PhD, FACSM,
FAACVPR**
Creighton University School
of Medicine
Division of Cardiology
Omaha, NE

CARDIOPULMONARY REHABILITATION CONFERENCE

FRIDAY, APRIL 23

SATURDAY, APRIL 24

Objectives

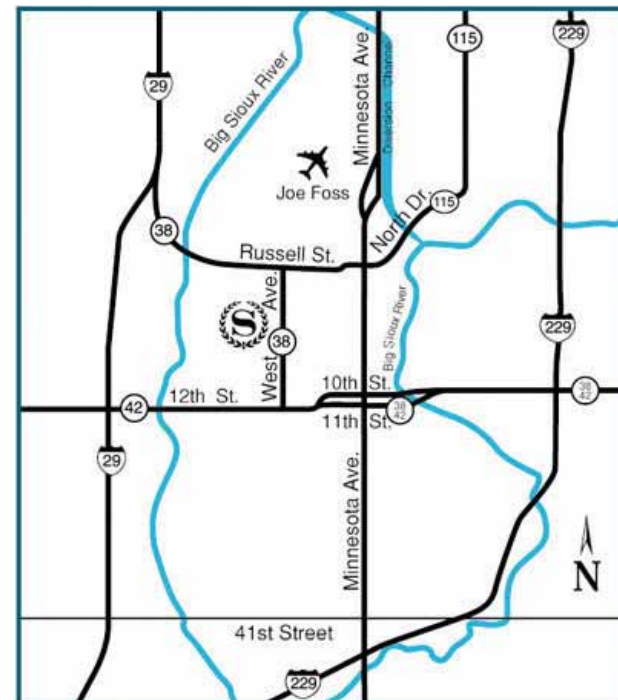
1. Identify why performance measures for cardiac and pulmonary services are being developed and implemented.
2. Describe the necessary the how and when of implementing performance measures
3. Describe the cost benefits to managing chronic diseases.
4. Describe the various models of health promotion/disease prevention
5. Review the nature of periodontal disease, it's etiology & treatment
6. Explore the role of periodontal disease as a contributing factor for heart disease
7. Describe the strategic AACVPR plan for 2010.
8. Recognize the rationale for resistance training (RT) in patients with cardiopulmonary disease
9. Examine the components of the RT exercise prescription in these patients
10. Explain the pathologic changes in CV and respiratory systems with obstructive sleep apnea.
11. Describe the chronic CV and respiratory effects on untreated obstructive sleep apnea.
12. Compare and contrast the differences between traditional cardiac rehab vs. intensive cardiac rehab
13. Identify new program components required for cardiac rehab & pulmonary reimbursement from CMS
14. Identify physician supervision requirements
15. Describe the certification process.
16. Examine the individualized treatment plan (ITP) and its impact on patient outcomes.
17. Review the signs and symptoms of heart failure.
18. Describe the management of heart failure.
19. Compare and contrast exercise programs in heart failure.
20. Explore the relationship of anxiety and depression in the cardiac patient.
21. Identify signs, symptoms, and intervention strategies for depression and anxiety in cardiac patients.
22. Examine the CMS rules as they relate to providing education as a part of a pulmonary rehabilitation program.
23. Develop an understanding of appropriate topics to discuss in a pulmonary rehab program
24. Explain the difference between patient and program goals.
25. Describe how to assist patients in establishing goals which are more specific.

Accommodations

Please mention TriNetwork Conference for these rates before March 31, 2010. ■ Call toll-free 1 (888) 627-8088 or call Allison Sullivan 1 (605) 988-9887 at the Sheraton - be sure to reference TriNetwork. ■ Email Allison and reference TriNetwork for reservation assistance via internet: allison.sullivan@JQH.com. ■ Sheraton Hotel \$94 single-quad. Other motels in the area: Motel 6 contact: www.motel6.com - (605) 336-7800 - \$41.99

Conference Location

Sioux Falls Convention Center & Sheraton Hotel
1211 N. West Avenue, Sioux Falls, SD 57104



General Directions

From East: Take Interstate 90 West to I-29 South and take Exit 81. Take Russell Avenue East to West Avenue. The hotel is located on the corner of Russell Street and West Avenue and next to the Sioux Falls Convention Center.

From West: Take I-90 East to I-29 South and take Exit 81. Take Russell Avenue East to West Avenue. The hotel is located on the corner of Russell Street and West Avenue and next to the Sioux Falls Convention Center.

From South: Take Interstate 29 North to Exit 81. Take Russell Avenue East to West Avenue. The hotel is located on the corner of Russell Street and West Avenue and next to the Sioux Falls Convention Center.

- 8:00 AM Welcome
- 8:10 AM Performance Measures for Cardiac and Pulmonary Rehabilitation: Why? When? How?
Randal J. Thomas, MD
- 9:10 AM Protecting and Promoting Health 2010: Lifestyle Choices Support Disease Prevention and Health Promotion
Roseann Lyle, PhD
(Sponsored by South Dakota, Nebraska, Iowa Beef councils)
- 10:10 AM Break
- 10:40 AM The Mouth Body Connection, the Relationship between Heart Attack/Stroke and Periodontal Disease
Thomas Kassube, DDS
- 11:40 AM Lunch
- 1:30 PM AACVPR Updates 2010
Randal J. Thomas, MD
- 2:30 PM Resistance Training for Patients with Cardiac/Pulmonary Disease
Mark Williams, PhD, FACSM, FAACVPR
- 3:30 PM Break
- 4:00 PM Cardiovascular and Respiratory Manifestations of Obstructive Sleep Apnea
Susan Rohr, DO
- 5:00 PM Adjourn

GENERAL

- 8:00 AM 2010 CMS Rule Reimbursement Changes and Updates for Cardiac and Pulmonary Rehab: Now What?
Jeff Redekopp, MS, CSCS
- 9:00 AM Certification....The New Improved Process
Gayla Oakley, RN, FAACVPR
- 10:00 AM Break

CARDIAC TRACT

- 10:15 AM Heart Failure
Orvar Jansson, MD, FACC
- 11:15 AM Heart and Mind: Identification and Intervention of Mental Health Issues in Cardiac Patients
Karla Harmon, CSW-PIP, QMHP
- 12:15 PM Evaluatons and Adjourn

PULMONARY TRACT

- 10:15 AM A Time to Teach
June Schulz, RRT, FAACVPR
- 11:15 AM Correlating Patient and Program Goals
Lana Hilling, RCP, FAACVPR
- 12:15 PM Evaluatons and Adjourn

PROGRAM COMMITTEE MEMBERS

UPCRA

Becky Bergeson, RN
Mike Dunlap, EP FAACVPR
Marlys Fischer, RN, CES
Theresa Ferdinand, RNC, BSN, FAACVPR
June Schulz, RRT, FAACVPR

IACPR

Peggy Dunbar, RN
Nancy Steingreaber, RN BSHA

NCVPRN

Vicki Linberg, RN-BC
Jane Swartz, RN

SPECIAL NOTES

BOARD OF DIRECTORS MEETINGS of each Association will be held at the Sheraton Hotel at 7:00 p.m., Thurs., April 22, 2010. UPCRA will meet in the Cataract/Carpenter Room, IACPR will meet in the Fontenelle A, NCVPRN will meet in the Fontenelle B.

AACVPR ENDORSEMENT OF THIS CONFERENCE IS PENDING



Sanford Health Center for Learning and Innovation is an approved provider of continuing nursing education by CNE-Net, the education division of the North Dakota Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation - 9.0 Contact Hours approved.

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