

Venue

Hilton Garden Inn-West Des Moines
205 S. 64th St.
West Des Moines, IA 50266

Educational Goals

To increase knowledge, educational confidence, and practical skills of medical professionals serving patients with lung cancer and lung disease. Complete list of objectives posted on website.

Planning Committee

Teresa Aoki, MD, FCCP | Des Moines University
Amy Boeckmann, MPA, BS, RRT | DMACC
Arthur Brown, RRT, CRTT, CPFT, RCP | DMACC
Suellen Carmody-Menzer, RRT-NPS, AE-C,
McDonough District Hospital
Samantha Danielson, MD | The Iowa Clinic
Laura Delaney, PA | Des Moines University
Melissa Garza, RRT | Broadlawns Medical Center
Alicia Gerke, MD, MBA | UIHC
Terri Gerleman, RRT, RCP, MBA | MercyOne
Tom Gross, MD | UIHC
Lindsay Heck | Iowa Cancer Consortium
Jenn Hermanson, RN, MHA | The Iowa Clinic
Janet Keating, RRT, RA | UIHC
Gina Mandernach, RN, OCN | John Stoddard
Cathy McDaniel, RRT, RCP | MercyOne
Lorene Mein, DNP, ARNP, FNP-BC | MercyOne
Annie Nawab, MD, FCCP | GRMC
Jean Rommes, PhD | American Lung Association
Kacey Strovers, RT (R) (CT) (M) | MercyOne
Jennifer Tinnermeier, JD | The Iowa Clinic
Matthew Trump, DO, FACP FCCP | The Iowa Clinic (Chair)
Bonnie Willer, RRT, RCP | UnityPoint Health
Patient Advisory Board: Judy Harvey, Connie Cretsinger, Cheryl Clinton, and Steph Laangstrat

Oxygen Refills/Wheelchairs

Oxygen refills and wheelchairs will be available to attendees. Please bring a copy of your prescription. Be aware that not all oxygen tanks may be compatible with the oxygen refill stationary unit. Please call the office ahead of time to let us know what type of oxygen you will need: 515-309-9507.

Continuing Education Credits

This activity has been approved for 7 contact hours. Continuing Education Contact Hours are awarded by Iowa Western Community College, Iowa Board of Nursing Provider #6. Please check the website for additional information. Attendees must be present for the entire day. Partial contact hours cannot be awarded. No exceptions.

Exhibits

We are pleased to provide attendees with the opportunity to connect with companies that have lung health products and agencies that provide key services. Be sure to take advantage of the exhibit times built into the schedule.

Hotel Accommodations

A block of standard, accessible rooms have been reserved at the Hilton Garden Inn-West Des Moines with a rate of \$118 per night. Space is limited. Please contact the hotel directly at 515-223-0571 before April 16th, 2019 to reserve your room and reference the American Lung Association LUNG FORCE Expo. After April 16th, 2019 the room availability and discounted rate are not guaranteed.

Parking

The conference will take place in the Jordan Creek Crossing Event Center located within the Hilton Garden Inn-West Des Moines. Attendees should park in the Jordan Creek Crossing Event Center parking lot on the north side of the hotel and enter through the Jordan Creek Crossing Event Center. Ample free parking and accessible spaces are available. *See website for directions.*

Cancellations

Cancellations must be received by April 26th to receive a refund, less a \$20 admin fee. Substitutions are permitted. Call 515-309-9507.



Every 5 minutes, a woman in the U.S. is diagnosed with lung cancer. And more than 33 million Americans suffer from lung disease.

Patients, caregivers and healthcare providers are invited to join the American Lung Association to learn about the latest in treatments, medications, resources and research to help those living with lung cancer and other lung diseases lead healthier, active lives. Space is limited!

MAY 10, 2019

Hilton Garden Inn-West Des Moines

Presenting Sponsor:



Nationally Presented By:



National Nebulized Care Sponsor of the Patient/Caregiver Track



AMERICAN LUNG ASSOCIATION
IN IOWA

2530 73rd Street | Urbandale, IA 50322

7 CE'S AVAILABLE!

Program Registration

Register by May 3rd:

1. ONLINE at LUNGFORCE.org/expo
2. FAX registration form with credit card payment to 515-334-9564
3. MAIL form with payment to: American Lung Association Attn: LUNG FORCE
2530 73rd St. Urbandale, IA 50322
4. CALL 515-309-9507

Name _____

Credentials Nursing RRT Other _____

DOB _____ Lic # _____

Address _____

City _____ State _____ Zip _____

Daytime Phone _____

Email _____

Organization/Facility _____

Emergency Contact Name/Number _____

Indicate any special needs, including dietary _____

PROFESSIONALS ONLY: I would like to attend the:

(check one)

- Lung Cancer Professional Program
 Lung Disease Professional Program

REGISTRATION FEE:

Professionals: \$75 (thru 4/10) \$100 (after 4/10)
 \$125 (after 5/3)

Patient: \$10 Caregiver: \$10

- Enclosed is my check for \$ _____ payable to the
The American Lung Association
 Charge fee to my credit/debit card

Exp. Date _____ CVV _____

Signature _____

For office use only: Date received _____
Check _____ V M

Lung Cancer Professional Program

7:00 a.m. **Registration | Exhibits**

7:30 a.m. **Nutrition Therapy for Lung Cancer and Lung Disease**
Greta Lange, RD, CSO, LD
John Stoddard Cancer Center

8:30 a.m. **Community Resources for Patients**
Kay Vanags, BS, LBSW, Mediator
Aging Resources of Central Iowa

9:30 a.m. **Exhibits**

10:00 a.m. **Pulmonary Rehabilitation and Exercise Recommendations and Considerations for Patients with Lung Disease/Cancer**
Eric Larson, MS, FAACVPR
MercyOne Medical Center CardioPulmonary Rehabilitation

10:45 a.m. **Reducing the Risk from Radon: Information and Interventions- Guidance for Health Care Providers**
Bill Field, PhD, MS
University of Iowa College of Public Health

11:30 a.m. **Exhibits**

12:00 p.m. **LUNG FORCE Luncheon**
Tobacco Cessation Counseling Tips and Patient Success Stories
Lorene Mein, DNP, ARNP, FNP-BC
MercyOne

12:45 p.m. **Exhibits**

1:00 p.m. **The MercyOne Lung Cancer Clinic and Lung Cancer Screening Program**
Neil Horning, MD, FACP, FCCP
MercyOne Lung Cancer Clinic

2:00 p.m. **The Impact of Targeted Therapies on Diagnosis of Lung Cancer**
Thomas Gross, MD
University of Iowa Hospitals and Clinics

3:00 p.m. **Role of Immunotherapy for NSCLC and Interaction with Radiation Therapy for Locally Advanced NSCLC**
Aruna Turaka, MD
Paramount Oncology Group, UnityPoint
Finley

3:45 p.m. **Adjourn**

Lung Disease Professional Program

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12:45 p.m. **Exhibits**

1:00 p.m. **Improving COPD Burden for Patients, Families, and Healthcare Professionals**
Barbara Yawn, MD, MSC, FAAFP
COPD Foundation

2:00 p.m. **Overview of Rare Lung Diseases**
Angela Beckel, DNP, ARNP, FNP-C
MercyOne
Matthew Trump, DO, FACP, FCCP
The Iowa Clinic

3:00 p.m. **Environmental Hazards, Air Pollution and Development of Asthma**
William Wortman, MD
The Iowa Clinic

3:45 p.m. **Adjourn**

Patient/Caregiver Program

9:00 a.m. **Registration | Exhibits**

9:30 a.m. **Nutrition Therapy for Lung Cancer and Lung Disease**
Greta Lange, RD, CSO, LD
Certified Specialist,
Oncology Nutrition
John Stoddard Cancer Center

10:15 a.m. **Exhibits**

10:45 a.m. **Yogic Self-Care: Breathing, Stress Management, and Exercise tips for Adults Living with Lung Disease**
Laura Covill, PT, DPT, OCS
Associate Professor
Des Moines University

11:30 a.m. **Exhibits**

12:00 p.m. **LUNG FORCE Luncheon**

1:00 p.m. **Staying Independent: Know your Options**
Kay Vanags, BS, LBSW, Mediator
LifeLong Links Director
Aging Resources of Central Iowa

1:45 p.m. **Ask the Expert Panel: Medications, Screening, Treatment Options, and More**
Mike Daly, PharmD
Pharmacist
The Iowa Clinic

Jean Rommes, PhD
Patient Advocate
American Lung Association Board

Aruna Turaka, MD
Medical Director
Paramount Oncology Group,
UnityPoint Finley Dubuque

2:30 p.m. **Closing Remarks | Adjourn**