



Fall Conference 2023

Nuts and Bolts of Pulmonary Rehabilitation

Friday, October 27, 2023

7:00-4:30 pm

University of Iowa Hospitals & Clinics
East Room, 125 Roy Carver Pavilion
Iowa City, Iowa

Workshop Description:

The purpose of this conference is to highlight the latest evidence-based practice and strategies for the management of the patients with chronic lung disease in the pulmonary rehabilitation setting.

Intended Audience:

Health care professionals working with pulmonary rehabilitation patients: nurses, physical therapists, clinical exercise physiologists, occupational therapists, respiratory therapists, and other health professionals

Sponsored by:

- University of Iowa (UI) Hospitals & Clinics Pulmonary Rehabilitation Program, Department of Rehabilitation Therapies

Objectives:

1. Define pulmonary rehabilitation and outpatient respiratory services including the differences in billing and coding, and inclusion criteria.
2. Discuss the Medicare and American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR) rules for the individualized treatment plan, the 30-day reassessment, and certification needs.
3. Define chronic obstructive pulmonary disease (COPD) including treatment and outcomes.
4. Describe the effects of vaping on lung health, how it compares to combustible smoke, the different tools that are used to determine the effects of vaping on lung health, and risks and considerations for patients using vaping devices.
5. Discuss the considerations for prescribing exercise for patients with chronic lung disease.
6. Discuss navigating insurance for respiratory coverage including testing, documentation, and prescriptions for oxygen therapy, continuous positive airway pressure (CPAP)/bi level positive airway pressure (BiPAP) and non-invasive ventilation (NIV). Describe options for oxygen therapy and CPAP/BiPAP equipment. Discuss desensitization techniques for CPAP/BiPAP.

Agenda:

7:15am Registration/Continental Breakfast

7:30 **Review of the University of Iowa Hospitals & Clinics Pulmonary Rehabilitation Program**

Julie Wiebold, MSN, RN, CPL

8:00 **Pulmonary Rehab/Outpatient Respiratory Services Billing and Coding: Adhering to the Rules**

Julie Wiebold, RN, MSN, CPL

9:00 **Exercise Assessment in Pulmonary Rehabilitation: Clinical Role of the 6MWT, Oxygen Titration and Other Functional Performance Assessments**

Janine Kelly, MPT

10:00 Break

10:15 **Breathe Easy: Navigating Insurance for Respiratory Coverage**

Jessica Stackhouse, BA and Sarah Youngblut, MA, BS

11:00 **COPD and Pulmonary Rehabilitation**

Jeff Wilson, MD

12:00 Lunch

12:45 **Treatment Plans: Are You Individualizing the Program for Your Patients?**

Julie Wiebold, MSN, RN, CPL

1:45 **Exercise Prescription**

Janine Kelly, MPT

2:45 Break

3:00 **Do You Want to Breathe? Don't Vape!**

Alejandro Comellas, MD

4:00 **Current Pulmonary Rehab Topics and Questions**

Julie Wiebold, MSN, RN, CPL

4:30 Program Evaluation and Adjourn

Schedule and speakers are subject to change

University of Iowa Hospitals & Clinics Speakers:

Alejandro Comellas, MD, Clinical Professor of Internal Medicine-Pulmonary, Critical Care and Occupational Medicine

Janine Kelly, MPT, Senior Physical Therapist, UI Hospitals & Clinics Rehabilitation Therapies, Pulmonary Rehabilitation

Julie Wiebold, MSN, RN, CPL, UI Hospitals & Clinics C Rehabilitation Therapies, Pulmonary Rehabilitation Coordinator

Jeffrey Wilson, MD, Director, Cardiopulmonary Exercise Laboratory, Pulmonary Rehabilitation Services, Pulmonary Disease; Director, Critical Care Fellowship Program; Clinical Professor, Internal Medicine– Pulmonary, Critical Care and Occupational Medicine

Guest Speakers:

Jessica Stackhouse, BA, RoTech Healthcare Inc.

Sarah Youngblut, MA, BS, RoTech Healthcare Inc.

Credit Hours:

The workshop qualifies for the following continuing education (CE) credit hours:

Nurses: 7.75 contact hours will be granted by the University of Iowa Hospitals and Clinics, Department of Nursing (IBN Approved Provider #34). Participants must attend the entire program to receive full daily credit. Questions concerning nursing credits should be directed to the Nursing Clinical Education Center at (319) 356-1238.

Tuition:

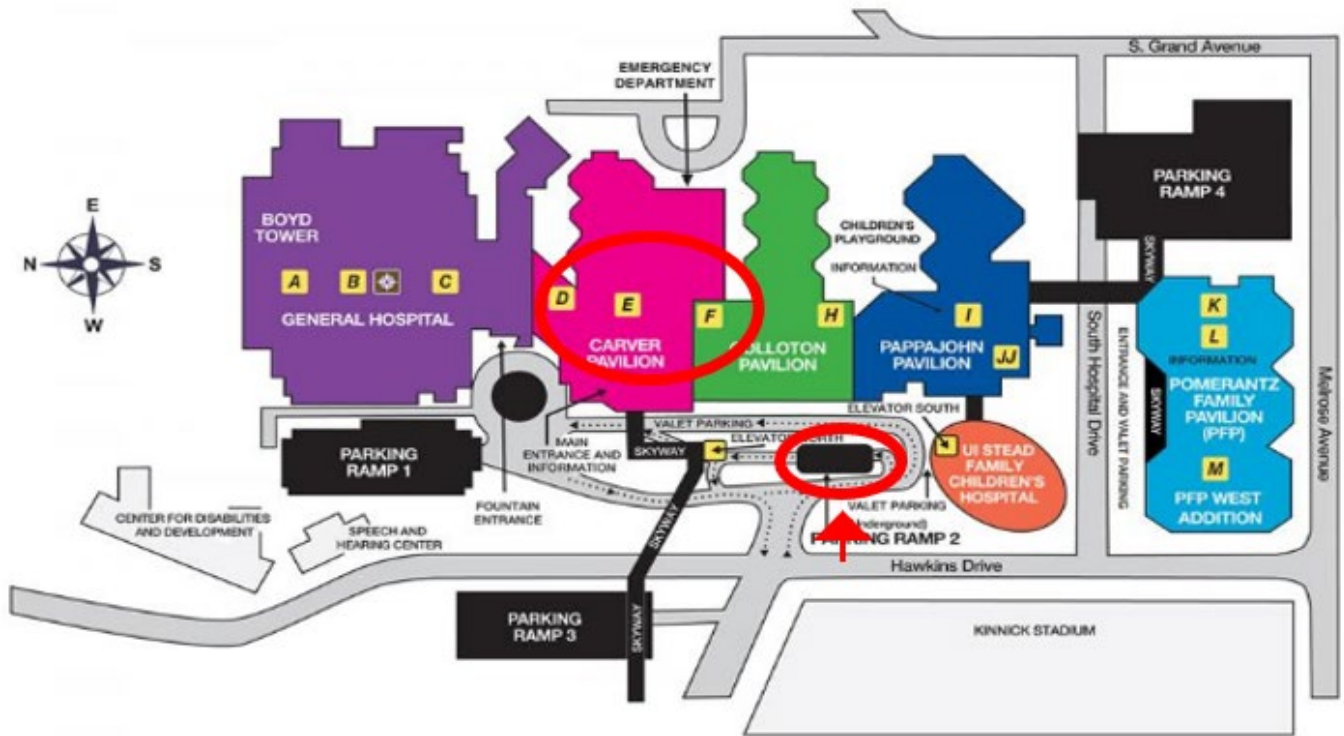
Fee: \$135.00 (\$145.00 if postmarked after 10/13/2023). Fee includes instruction, program materials, nutrition breaks, continental breakfast, lunch, continuing education credits, and parking. No refunds will be made after 10/13/2023. We reserve the right to cancel this workshop, with adequate notice (by 10/6/2023), and full refund to registrants. Make check payable to: **University of Iowa Hospitals & Clinics, Pulmonary Rehabilitation Program**. Participants must pre-register. Confirmation will be e-mailed.

Nondiscrimination and Disability Statements:

Individuals with disabilities are strongly encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires an accommodation to participate in this program, please contact Pulmonary Rehabilitation in advance at (319) 356-8396.

The University of Iowa prohibits discrimination in employment, educational programs, and activities based on race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. The University also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Office of Equal Opportunity and Diversity, (319) 335-0705.

Parking and Map



PARKING:

Ramp 2 is an underground ramp and is located off Hawkins Drive. Take the elevator to Level 2 and follow the Skywalk to **Elevator F**.

The conference will take place in the East Room on the 8th Floor of the Roy Carver Pavilion. Please take Elevator F to Level 8. Turn right and follow signs to the East Room.

Housing information and maps of the Iowa City area can be obtained on the web at: <https://thinkiowacity.com/>

Registration:

Register by **US MAIL:**

University of Iowa Hospitals & Clinics
Pulmonary Rehabilitation Program
Department of Rehabilitation Therapies
0714 JPP 200 Hawkins Drive
Iowa City, Iowa 52242

Name: _____ **Employer:** _____

CEP ___ RN ___ OT ___ PT ___ RT ___ Other _____

Professional license #: _____ Phone: _____

Address: _____ City: _____ State: _____ Zip: _____

E-mail: _____

(Confirmation will be sent to this e-mail address)

Please contact Julie Wiebold with questions: julie-wiebold@uiowa.edu, 319-356-8396

Parking:

It is recommended you park in Hospital Ramp #2. Please see enclosed map.

Will you need a parking pass? No _____ Yes _____

Passes will be distributed during registration the day of the course

Lunch:

Gourmet Box Lunch – includes sandwich, apple slices, big bookie, chips, condiments and choice of milk, soda, or bottled water.

Please check one:

_____ Turkey

_____ Three Cheese Vegetarian

_____ Veggie

_____ Iowan

_____ Amana Hawkeye Club

_____ Kale Wrap

_____ Gluten free: Your choice of sandwich lunch box made with gluten free bread and cookie